

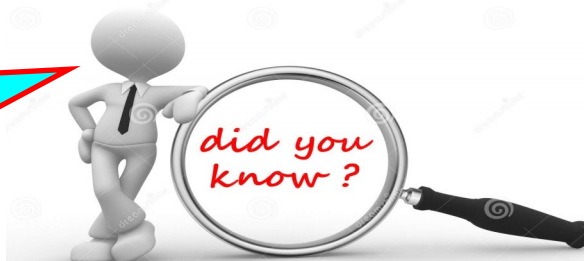
## THE CREED - WHAT WE BELIEVE!

### THE CREED.

**I believe** in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is visible and invisible.  
**I believe** in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the  
Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
was incarnate of the Virgin Mary, and  
became man.  
For our sake he was crucified under Pontius  
Pilate;

he suffered death, and was buried,  
and rose again on the third day,  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the  
Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
**I believe** in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son.  
Who with the Father and the Son  
is adored and glorified.  
Who has spoken through the Prophets.  
**I believe** in one holy, catholic and apostolic  
Church.  
I confess one baptism for the forgiveness of  
sins,  
and I look for the resurrection of the dead,  
and the life of the world to come. Amen.

### Some Facts About the Creed.



There are two version of the Creed prayed in the Catholic Tradition: The Apostles Creed and the Nicene Creed.

The word 'Creed' come from the Latin word 'Credo' meaning 'I believe'. We used to say 'We believe' but this was changed back to I believe in 2011, because it was felt that it was more in keeping with the original text of the creed.

Constantine wanted them to agree on the most important things that all Christians should know. They wrote down some simple facts and truths that could be learned off by Christians.

The Creed that we say at Mass almost every Sunday is the Nicene Creed, which was first written in AD/CE 325, almost 1700 years ago!

The Creed was written at a meeting of Christians called by the Emperor Constantine and held at Nicaea. People came from 5 main centers of Christianity: Rome, Constantinople, Jerusalem, Antioch & Alexandria.

The Nicene Creed was completed at the Council of Constantinople in AD/CE 381.

What I believe about...

God the Father



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Jesus



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The Holy Spirit



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The Church



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The Apostles' Creed is so called because it dates from the time of the Apostles. It tells us the important things that the apostles taught about God, Jesus and the Holy Spirit.

In 2011 the words of the creed changed. The most obvious change in the Nicene Creed is from "We believe " back to "I believe". When we say I believe we are standing up for our faith, and for what we believe.

#### THE CREED.

I believe in one God,  
the \_\_\_\_\_, the Almighty,  
maker of heaven and earth,  
of all that is \_\_\_\_\_ and invisible.  
I \_\_\_\_\_ in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages,  
God from \_\_\_\_\_, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Fa-  
ther.  
Through him all things were made.  
For us and for our \_\_\_\_\_  
he came down from heaven:  
by the power of the Holy Spirit  
was incarnate of the Virgin Mary, and became man.  
For our sake he was crucified under Pontius Pilate;

he suffered death, and was buried.  
and \_\_\_\_\_ again on the third day,  
in accordance with the Scriptures.  
He \_\_\_\_\_ into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
I believe in the \_\_\_\_\_,  
the Lord, the giver of life,  
who proceeds from the Father and the Son.  
Who with the Father and the Son  
is adored and glorified.  
Who has spoken through the Prophets.  
I believe in \_\_\_ holy, \_\_\_\_\_ and apostolic  
Church.  
I confess one \_\_\_\_\_ for the forgiveness of sins.  
and I look for the \_\_\_\_\_ of the dead,  
and the life of the world to come. Amen.

#### CREED QUIZ:

How many times do we say 'I believe' in the creed?

What does creed tell us about God the Father?

What does the creed tell us about Jesus?

What does the creed tell us about the Holy Spirit?

What does the creed tell us about the Church?

*MY CREED - WHAT I BELIEVE!*

A set of horizontal lines for writing, consisting of 18 lines.